

MENTAL HEALTH QUARTERLY STATISTICAL REPORT

Data to March 31, 2010

The Mental Health Statistical Report combines information provided to VAC's Mental Health Directorate by the Statistics Directorate, Medavie Blue Cross and the National Centre for Operational Stress Injuries. For questions, comments or interpretation, please contact Janice Burke, Director, Mental Health Directorate, 902-566-8160.

Recent issues of this report have profiled Modern-day Veterans (September) and RCMP clients (December), and War Service Veterans will be profiled in a future issue. This being a year end report, the front page provides a summary of all service types for comparative purposes.

	War Service Veterans	Modern-day Veterans	RCMP
VAC clients excluding survivors	68,769	62,895	8,291
Clients with a psychiatric condition	2,566	8,266	1,857
Percentage of clients excluding survivors	3.7%	13.1%	22.4%

<i>Profile of clients with a psychiatric condition:</i>	War Service Veterans	% of Client Group	Modern-day Veterans	% of Client Group	RCMP	% of Client Group
Clients with a psychiatric condition	2,566	100.0%	8,266	100.0%	1,857	100.0%
Released	NA	NA	6,784	82.1%	1,122	60.4%
Still Serving	NA	NA	1,482	17.9%	735	39.6%
Male	2,477	96.5%	7,372	89.2%	1,609	86.6%
Female	52	2.0%	845	10.2%	247	13.3%
Gender not specified	37	1.4%	49	0.6%	1	0.1%
Under 30 years	0	0%	285	3.4%	12	0.6%
30 - 39 years	0	0%	1,524	18.4%	149	8.0%
40 - 49 years	0	0%	3,720	45.0%	454	24.4%
50 - 59 years	0	0%	1,678	20.3%	868	46.7%
60-69 years	0	0%	657	7.9%	333	17.9%
70 or more years	2,566	100.0%	402	4.9%	41	2.2%
Married/Common Law	1,487	58.0%	6,220	75.2%	1,573	84.7%
Divorced/Separated	248	9.7%	502	6.1%	69	3.7%
Single/Widowed	831	32.4%	1,544	18.7%	215	11.6%
Dependent Children, one or more	20	0.8%	2,952	35.7%	627	33.8%
Active Case Plans	254	9.9%	2,213	26.8%	56	3.0%
Disability Assessment -all conditions, not only psychiatric						
0%	3	0.1%	52	0.6%	10	0.5%
1 -4%	7	0.3%	23	0.3%	2	0.1%
5-25%	355	13.8%	1,243	15.0%	297	16.0%
26-47%	582	22.7%	2,135	25.8%	688	37.0%
48 -77%	949	37.0%	3,212	38.9%	662	35.6%
78% and above	670	26.1%	1,601	19.4%	198	10.7%
PTSD	1,489	58.0%	5,833	70.6%	1,437	77.4%
Depressive Disorders	101	3.9%	1,581	19.1%	305	16.4%
Anxiety and Depression	735	28.6%	520	6.3%	20	1.1%
Anxiety Disorders (excluding PTSD)	163	6.4%	514	6.2%	156	8.4%

MENTAL HEALTH QUARTERLY STATISTICAL REPORT, DATA to MARCH 31, 2010

A: VAC Client Information		VAC	West	Ont	Que	Atl
1	Clients/dependents/survivors	218,612	80,945	77,533	23,819	36,294
2	Dependants/survivors	78,657	28,239	28,827	8,292	13,298
3	Unique Clients (See Note, Page 4)	139,955	52,706	48,706	15,527	22,996
4	Unique clients - Regional percentage of national		37.7%	34.8%	11.1%	16.4%

B: Clients With a Favourable Disability Benefit Decision for Psychiatric Condition

		VAC	Percent of line 3	West	Ont	Que	Atl
5	Psychiatric clients last report	12,333			4,280	2,962	2,502
6	Change since last report	356		154	86	35	81
7	Psychiatric clients - March 31, 2010	12,689	9.1%	4,434	3,048	2,537	2,670
8	Regional percentage of national			34.9%	24.0%	20.0%	21.0%

C: Historical Data

		Mar 10	Mar 09	Mar 08	Mar 07	Mar 06	Mar 05	Mar 04	Mar 03
9	Clients with a psych, condition	12,689	11,888	11,045	10,272	8,385	6,491	4,894	3,501
10	Clients with PTSD	8,758	7,996	7,228	6,500	5,541	4,055	2,824	1,802
11	Clients with PTSD, % line 9	69.0%	67.3%	65.4%	63.3%	66.1%	62.5%	57.7%	51.5%

For clients with a psychiatric condition:

Percent of clients with a psychiatric condition (line 7)

D: Client Profile		VAC	%	West	Ont	Que	Atl
12	Gender: Male	11,458	90.3%	3,984	2,712	2,336	2,426
13	Female	1,144	9.0%	428	315	175	226
14	Gender not identified	87	0.7%	22	21	26	18
15	Age: Under 30	297	2.3%	112	94	23	68
16	30 - 39 years	1,673	13.2%	582	346	359	386
17	40 - 49 years	4,174	32.9%	1,354	1,025	853	942
18	50 - 59 years	2,546	20.1%	1,017	533	422	574
19	60 - 69 years	990	7.8%	392	178	182	238
20	70 or more years	3,009	23.7%	977	872	698	462
21	Marital: Married/Common Law	9,280	73.1%	3,264	2,148	1,776	2,092
22	Divorced/Separated	819	6.5%	260	234	199	126
23	Single/Widowed	2,590	20.4%	910	666	562	452
24	Dependent Children: One or more	3,599	28.4%	1,247	842	706	804
25	Residence: Urban	9,753	76.9%	3,616	2,228	2,067	1,842
26	Rural	2,813	22.2%	818	697	470	828
27	Foreign Country Operations	123	1.0%	0	123	0	0
28	Primary Service: War Service Veterans	2,566	20.2%	846	765	593	362
29	Modern-day Veterans	6,784	53.5%	1,965	1,657	1,630	1,532
30	CF Still Serving	1,482	11.7%	411	458	210	403
31	RCMP Released	1,122	8.8%	714	96	73	239
32	RCMP Still Serving	735	5.8%	498	72	31	134
33	Service Missing	0	-	0	0	0	0



For clients with a psychiatric condition:

		Percent of Clients with a psychiatric condition (line 7)					
E: Client Summary Data		VAC	%	West	Ont	Que	Atl
34	Disability Assessment:						
	0%	65	0.5%	17	13	16	19
35	1-4%	32	0.3%	6	13	6	7
36	5-25%	1,895	14.9%	614	482	403	396
37	26-47%	3,405	26.8%	1,227	778	689	711
38	48-77%	4,823	38.0%	1,782	1,145	927	969
39	78% and above	2,469	19.5%	788	617	496	568
40	Active Case Plans:	2,523	19.9%	768	837	548	370
41	Rehabilitation Eligible Veteran Clients	3,343	% Rehab				
42	Rehab cl. with a psychiatric condition	1,733	51.8%	530	547	397	259
43	OSI Clinic Active Files - Total	1,193	9.4%	314	321	431	127
44	Veterans (War Service and Modern-day)	822	68.9%	157	245	364	56
45	CF Still Serving	225	18.9%	115	37	29	44
46	Reservists	26	of clinic files	See note	See note	See note	See note
47	RCMP Still serving	28					
48	RCMP Released	24					
49	Other	68					
	The top Psychiatric pension conditions were as follows (clients may have more than one condition):						
50	PTSD	8,758	69.0%	3,316	1,856	1,748	1,838
51	Depressive Disorders	1,987	15.7%	635	574	294	484
52	Anxiety and Depression	1,275	10.0%	316	360	303	296
53	Anxiety Disorders (excluding PTSD)	833	6.6%	239	252	176	166
54	Adjustment Disorder	371	2.9%	100	88	115	68
55	Schizophrenia	148	1.2%	37	48	36	27
56	Alcohol Use Disorder	149	1.2%	28	44	44	33
57	Chronic Pain	132	1.0%	32	66	8	26
58	Bipolar Condition	112	0.9%	29	32	28	23
59	All Other Psychiatric Conditions	313	2.5%	102	106	58	47
	Treatment Accessed (Year to Date)	Clients	%				
60	Total Psych. Clients accessing	9,103	71.7%	2,920	2,306	1,999	1,878
61	POC - 01 - Aids to Daily Living	734	5.8%	208	248	122	156
62	POC - 02 - Ambulance services	2,754	21.7%	692	698	724	640
63	POC - 03 - Audio services	1,804	14.2%	634	495	330	345
64	POC - 04 - Dental services	1,927	15.2%	618	559	423	327
65	POC - 05 - Hospital services	160	1.3%	37	45	40	38
66	POC - 06 - Medical services	337	2.7%	105	98	69	65
67	POC - 07 - Medical supplies	768	6.1%	261	174	175	158
68	POC - 08 - Nursing services	1,159	9.1%	186	316	380	277
69	POC - 09 - Oxygen services	132	1.0%	37	40	36	19
70	POC - 010-Pharmaceuticals	7,645	60.2%	2,480	1,878	1,663	1,624
71	POC - 011-Prosthesis/Orthotics	410	3.2%	114	104	79	113
72	POC - 012-Related Health	4,241	33.4%	1,410	1,186	784	861
73	POC - 013-Special Equipment	1,065	8.4%	343	365	126	231
74	POC - 014-Vision Care	1,008	7.9%	309	251	196	252
75	POC - 015-VIP	5,247	41.4%	1,352	1,579	1,228	1,088
For clients with a psychiatric condition:		VAC		West	Ont	Que	Atl
76	Clinical Care Managers Registered	242		98	80	22	42
77	Clinical Care Managers Paid, Year to Date	55		34	11	4	6
78	Number of clients accessing	85		48	15	13	9

Explanatory Notes

- 1. Data sources: RDB; CSQM QM Report; FHCPs, and NCOSI.
- 2. Dependants/survivors with unknown addresses are not shown in regional totals.
- Line 1 Includes all VAC unique clients, including Foreign Country Operations (FCO).
- Line 3 "Unique Clients" refers to War Service Veterans, Modern-day Veterans and CF still serving and the RCMP; excludes survivors & dependents from line 1. FCO clients are included in Ontario. 20 clients with unknown addresses are not shown in regional totals.
- Line 7 Formally defined as *clients with a favourable decision for disability benefits for a psychiatric condition*, and is a subset of line 3. Eligible Rehabilitation clients with Mental Health issue identified in their RROD, but without a favourable disability benefits decision for a psychiatric condition are not counted.
- Line 24 Dependant children are associated with disability pension clients only and not those clients that exclusively have a disability award through the NVC program.
- Line 28 War Veterans are Veterans from WWII and the Korean War.
- Line 34/39 Disability assessment among clients with a psychiatric condition but comprising all conditions, not only the percent of disability related to psychiatric conditions.
- Line 40 As of fiscal year end 2009/10, 5.8% of all VAC clients had active case plans.
- Line 41 Provides the total number of rehabilitation eligible Veteran clients excluding survivors.
- Line 42 Number and percent of rehabilitation eligible clients who have a favourable disability benefit decision for a psychiatric condition.
- Line 43-49 OSI Clinic active files identify individual clients accessing one of the network of VAC-funded OSI clinics. Data provided by the National Centre for Operational Stress Injuries (NCOSI). OSI clinic data is gathered manually from the clinics; for this report data from the previous fiscal quarter is provided.
- Line 44 "Veterans" includes War Service and Modern-day Veterans - note the difference in definition from line 28.
- Line 46 Accurate Reservist numbers are not yet available for clients other than those engaged with OSI Clinics.
- Line 44-49 Some numbers in this group amount to 2 or less and so are not reported due to individual privacy concerns.
- Line 50-59 Percentages represent the percent of clients (line 7) with a favourable disability decision for the identified condition. Total of these percentages exceeds 100% because of the number of clients who have more than one condition.
- Line 52 Medical code 623, Anxiety and Depression is obsolete but still in existence for older files. Sub-groups have been identified within codes 623 and 3000 and reassigned as appropriate to Depressive Disorders, Anxiety Disorders or Adjustment Disorder.
- Line 50/59 Medical pension codes are a subset of the medical category, and sourced from CSDN record of pension adjudication decisions. Leading medical categories in 2009/10 by condition count were as follows.

Top Medical Categories, Year End 2009/10	Disability Pension	Disability Award
Ear	Rank: (1)	Rank: (1)
Musculoskeletal	(2)	(2)
Disc Disease and Spinal Conditions	(3)	(3)
Psychiatric Conditions	(4)	(4)

- Line 60/75 Access to treatment provides the number of clients accessing each of the POC for all conditions (not only mental health conditions) for clients with a mental health condition. A sum of lines 60 to 77 will exceed the total number of clients accessing treatment (line 58) as clients access more than one POC. Data provided is based on service incurred date.
- Line 77 Counts Clinical Care Managers for whom payment has been billed year to date.

